

LEBANON COUNTY AREA AGENCY ON AGING

710 Maple Street, 2nd Floor ♦ Lebanon, PA 17046-3775

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ELDERCARE / ADULT DAY CARE

Eldercare is a community based program for adults which encourages independence and supports older adults in remaining active and healthy in their daily life while remaining in their home. Eldercare is operated and managed via a contract with Lebanon County AAA by Avenues. Avenues is a multi-faceted Human Service agency providing innovative services to persons with disabilities and their families since 1952.

There are three main components of our day program.

- 1. Quality personal care in a safe, supportive environment
- 2. Therapeutic Recreational Activities
- 3. Socialization and Independence

Eldercare strives to preserve the dignity and enhance the quality of life for those we serve through a caring, safe, stimulating, therapeutic and enjoyable environment. We help enable seniors to remain at home in the community for as long as possible by providing relief for caregivers and on-going support for the individual and their family.

Eldercare is a cost-effective alternative to Long Term Care. It emphasizes an individual's capabilities by encouraging participation in therapeutic activities. It enhances an individual's life and enables them to live as independently as possible well into their golden years.

We are sincerely and genuinely committed to providing quality care for your loved one's needs. We individualize each plan to accommodate the wishes of the loved one and/or family.

Eldercare is open year round, Monday - Friday, 8am - 430pm (except certain holidays)

Transportation to the center can be provided by <u>Lebanon Transit</u>

Services Offered

- Personal Care
- Arts & Crafts
- Breakfast, Hot Lunches, snacks
- Social interaction with peers
- Skilled Nursing Evaluations
- Medication monitoring / administration
- Engagement with caring and professional staff members

- In-Chair Exercises
- Bible Study
- Cooking / baking projects
- Gardening
- Intergenerational programs
- Seasonal Events
- Discussions & Word Games

Admission Process

- 1. Contact AAA for more information and/or to schedule an assessment and complete AAA paperwork
- 2. If consumer is found appropriate for Adult Day Care (ADC), they will be added to the waiting list
- 3. Once a space has become available, the consumer's physician will complete the ADC physical form and will administer a Mantoux test (Tuberculosis / TB)
- 4. Eldercare receives all information and contacts consumer to schedule a site visit and complete the Avenues paperwork. Once the Eldercare schedule is set and transportation arranged, the consumer may start the program